

Also Available:

Cassanovum Plus⁺

Cassava Root Extract, Folic Acid & Unique Herbal Blend

Suggested Use: One a day, start on the first day of menstrual cycle and continue until pregnant.

Cassanovum Plus has been fortified with powerful natural ingredients to maximise chances of conceiving and also prepares for a healthy pregnancy.

- ✓ **Cassava Root Extract** – natural ovarian stimulation;
- ✓ **Vitex Agnus Castus (Chaste Berry)** – stimulates and stabilises the reproductive hormones thus increasing fertility and chances of becoming pregnant. May help to regulate menstrual cycles;
- ✓ **Red Raspberry Leaf Extract** – tones the uterine muscles and normalises blood flow. May help with endometriosis by reducing bleeding of the endometrial tissues;
- ✓ **Nettle Leaf Extract** – tones and nourishes the uterus. Prepares a woman's body for pregnancy and for sustaining the embryo once conception occurs;
- ✓ **Folic Acid** – supports healthy development of the baby.



Cassanovum Boost

Cassava Root Extract & Unique Herbal Blend

Suggested Use: – One a day, between first day of menstrual cycle (first day of bleeding) and day 14 (ovulation) of the menstrual cycle. Stop using after ovulation and resume on day 1 of the next cycle if pregnancy has not occurred.

Specially formulated to support healthy ovarian function including:

- ✓ Improved egg quality
- ✓ Nourishes the uterine lining
- ✓ Increased cervical mucus quality and quantity
- ✓ Main ingredients include Cassava Root, Maca, Evening Primrose Oil, Chaste Berry, Dandelion, Borage Oil, Tribulus, Licorice, Black Cohosh, False Unicorn and Ashwagandha

This unique combination will support overall fertility and increase chances of conceiving naturally.



The Science Behind

The properties of cassava root were discovered centuries ago – not only can the plant grow in most marginal places, it also provides nutritious food as it is packed with essential vitamins.

Soon after introducing cassava into everyday diet, Yoruba people started noticing that they were producing more twin births than anywhere else. This phenomenon permanently formed part of their culture. The diet of Yoruba people is mostly based on consuming cassava plants in a variety of ways which, due to cassava properties, greatly improved fertility in the region which initially left fertility experts mystified.

How does it actually work?

Cassava plant, mostly the root, contains phytoestrogens. This is a plant-derivative similar to the human hormone oestrogen (female sex hormone). This type of oestrogen is not generated within the body but introduced into the system by consuming plants containing phytoestrogens and, due to their properties, **supports the human female reproductive system.**

Cassanovum Fertility Supplement – how can it help?

The recommended time for preparation of your body to conceive is 3 months before, however, should this not occur then continuing to take the supplement will keep your body at its optimum level ready for conception including twins!

Cassanovum Original may be used for:

- ✓ **Pregnancy Preparation** – start at least 3 months prior to trying to conceive
- ✓ **Boosting fertility** through natural stimulation and nourishing the body
- ✓ **Increasing chances of conceiving naturally** and chances of having twins



NATURAL FERTILITY SUPPLEMENTS & Family Planning Aids

*to support female fertility
and maximise chances
of conceiving naturally*

